

**My Life,  
My Future**

**Scrutiny  
Update**  
October 2024



**Somerset  
Council**

# What is My Life, My Future?

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My Future



*My Life, My Future* is a transformation programme in Adult Social Care, looking to build upon the strengths we have in our services to deliver positive outcomes to the people of Somerset.

We have a **clear plan** linked to our Adult Social Care Strategy to **improve outcomes, staff & resident experiences, and finances**. In each area of work, we have taken an **iterative approach** and designed changes **with our frontline teams** to ensure change is sustainable.

The programme is now in the sustainability phase. This is where the changes that have been adopted are now being embedded into 'business as usual' across all teams.

# What are the benefits of the programme?

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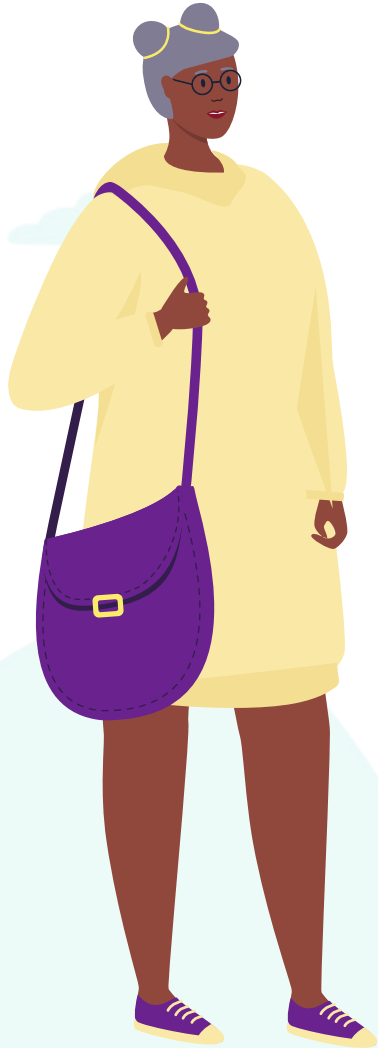


The *My Life, My Future Programme* is aiming to improve outcomes for the people we support by allowing people to **maintain or increase their level of independence wherever possible**. This might be supporting them to regain skills and confidence after a crisis through an improved short-term service, using new ways of working to keep someone at home rather than moving them to a residential placement, or by supporting someone to learn new skills and abilities to do more things for themselves.

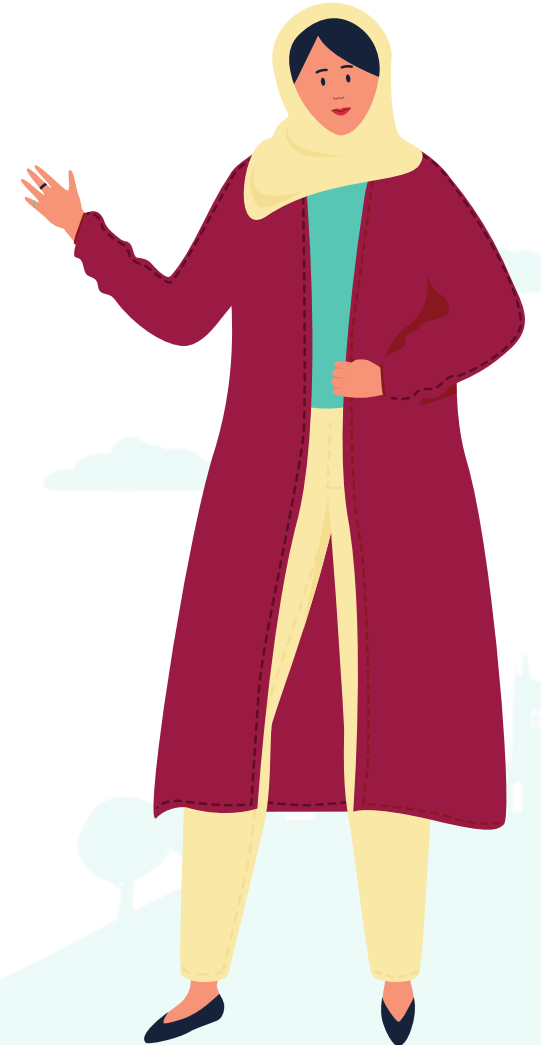
This focus on independence for people will **allow people to live the lives they want to**, but also reduces or avoids increases in the level of long-term care provision and support required from the local authority.

# What are the results so far?

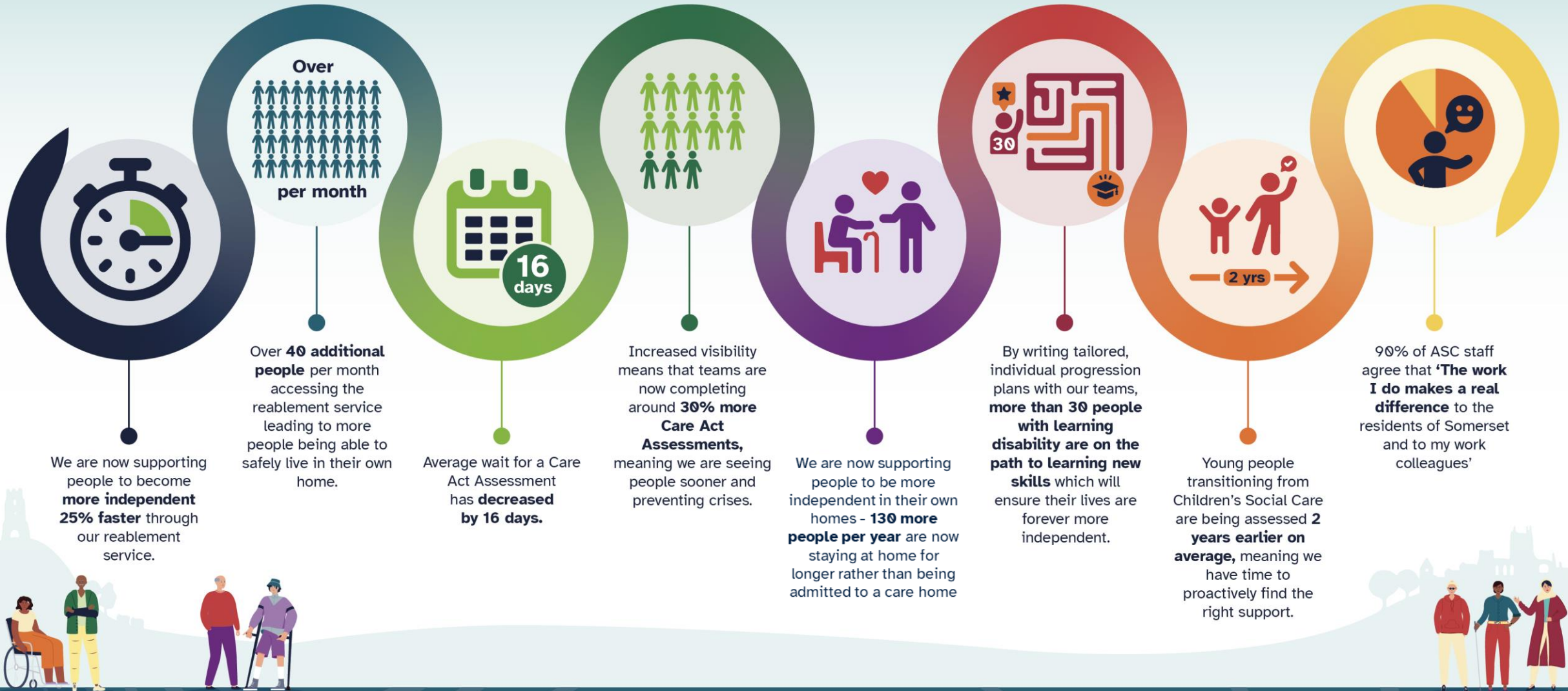
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The full Adults' Transformation activity (of which the 'My Life, My Future' Programme is a significant part) is on track to deliver £10m of benefits by the end of FY24/25. We are expecting to see further benefits in future years as the full savings are realised, and the operational improvements we have made sustain, while positively impacting the lives of thousands of the people we support in Adult Services.

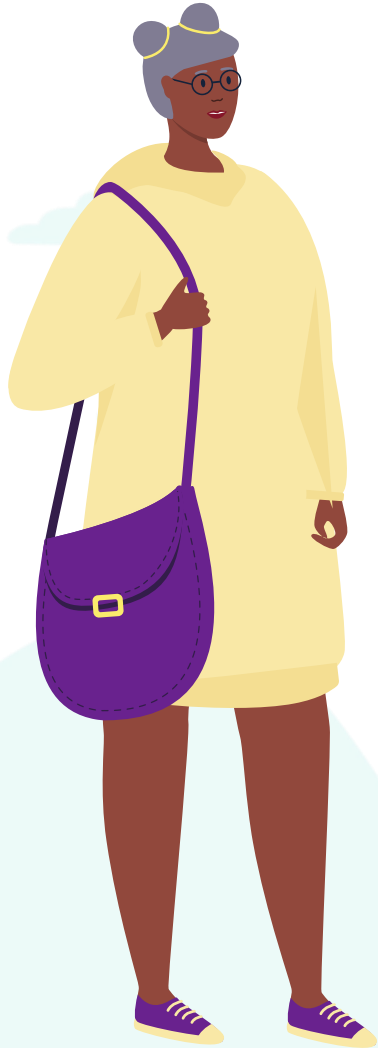


# What we've achieved so far



# What are the next steps?

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We are sustaining the new ways of working as dedicated programme capacity decreases. There are some areas of continued focus, particularly across our work with our system partners. We are continuing to monitor the operational and financial performance of the programme via regular governance.

