

Public Agenda Pack



SCRUTINY COMMITTEE - ADULTS AND HEALTH

Thursday, 10 October 2024

10.00 am

Sedgemoor Room, Bridgwater House, King Square, Bridgwater, TA6 3AR

SUPPLEMENT TO THE AGENDA

To: The members of the Scrutiny Committee - Adults and Health

We are now able to enclose the following information which was unavailable when the agenda was published:

Agenda Item 7 My Life My Future (Pages 3 - 8)

To receive the report.

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My Life, My Future

Scrutiny Update October 2024



Somerset
Council

What is My Life, My Future?

My Life,
My Future



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My Life, My Future is a transformation programme in Adult Social Care, looking to build upon the strengths we have in our services to deliver positive outcomes to the people of Somerset.

We have a **clear plan** linked to our Adult Social Care Strategy to **improve outcomes, staff & resident experiences, and finances**. In each area of work, we have taken an **iterative approach** and designed changes **with our frontline teams** to ensure change is sustainable.

The programme is now in the sustainability phase. This is where the changes that have been adopted are now being embedded into 'business as usual' across all teams.

What are the benefits of the programme?

My Life,
My Future



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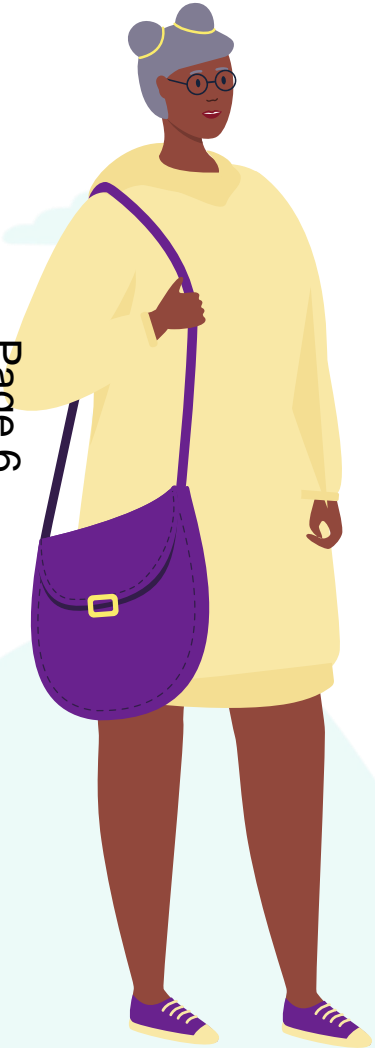
The *My Life, My Future Programme* is aiming to improve outcomes for the people we support by allowing people to **maintain or increase their level of independence wherever possible**. This might be supporting them to regain skills and confidence after a crisis through an improved short-term service, using new ways of working to keep someone at home rather than moving them to a residential placement, or by supporting someone to learn new skills and abilities to do more things for themselves.

This focus on independence for people will **allow people to live the lives they want to**, but also reduces or avoids increases in the level of long-term care provision and support required from the local authority.

What are the results so far?



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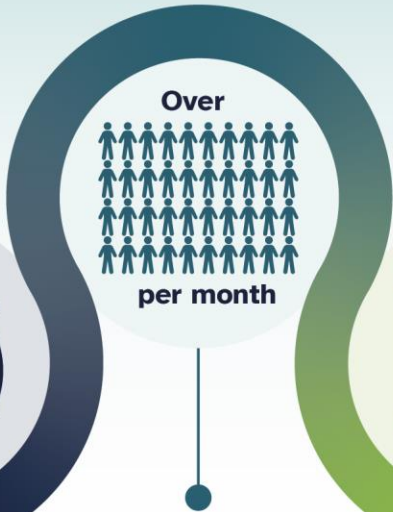
The full Adults' Transformation activity (of which the 'My Life, My Future' Programme is a significant part) is on track to deliver £10m of benefits by the end of FY24/25. We are expecting to see further benefits in future years as the full savings are realised, and the operational improvements we have made sustain, while positively impacting the lives of thousands of the people we support in Adult Services.



What we've achieved so far



We are now supporting people to become **more independent 25% faster** through our reablement service.



Over **40 additional people** per month accessing the reablement service leading to more people being able to safely live in their own home.



Average wait for a Care Act Assessment has **decreased by 16 days**.



Increased visibility means that teams are now completing around **30% more Care Act Assessments**, meaning we are seeing people sooner and preventing crises.



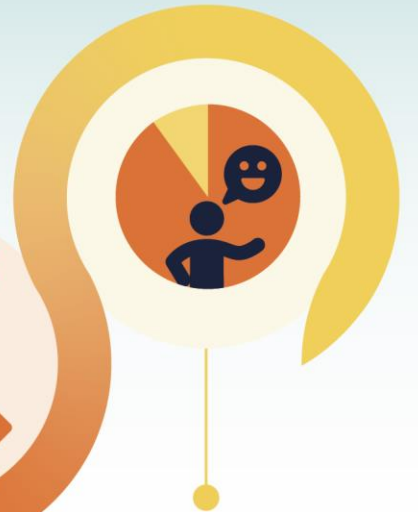
We are now supporting people to be more independent in their own homes - **130 more people per year** are now staying at home for longer rather than being admitted to a care home



By writing tailored, individual progression plans with our teams, **more than 30 people with learning disability are on the path to learning new skills** which will ensure their lives are forever more independent.



Young people transitioning from Children's Social Care are being assessed **2 years earlier on average**, meaning we have time to proactively find the right support.



90% of ASC staff agree that **'The work I do makes a real difference** to the residents of Somerset and to my work colleagues'



What are the next steps?

We are sustaining the new ways of working as dedicated programme capacity decreases. There are some areas of continued focus, particularly across our work with our system partners. We are continuing to monitor the operational and financial performance of the programme via regular governance.

