

## **SOMERSET HEALTH AND WELLBEING BOARD**

Minutes of a Meeting of the Somerset Health and Wellbeing Board held in the Taunton Library Meeting Room, Taunton Library, Paul Street, Taunton, TA1 3XZ, on Thursday 17 January 2019 at 11.00 am

**Present:** Cllr C Lawrence (Chairman), Cllr D Huxtable, Cllr A Broom, Cllr S Seal, Cllr G Slocombe, Cllr K Turner, Cllr Woolcombe-Adams, Ed Ford (Vice-Chair), Rosie Benneyworth, Judith Goodchild, S Chandler, T Grant, J Wooster and Prior

**Other Members present:**

**Apologies for absence:** Cllr F Nicholson, Cllr L Vijeh, Cllr J Warmington, Mark Robinson and Mark Cooke

363 **Declarations of Interest** - Agenda Item 2

There were no declarations

364 **Minutes from the meeting held on 15 November 2018** - Agenda Item 3

The minutes of the meeting were accepted as being accurate by the Board and were signed by the Chair.

365 **Public Question Time** - Agenda Item 4

There were no public questions.

366 **Health and Care Integration** - Agenda Item 5

The Health and Care Strategy supports the vision of the Somerset Health and Wellbeing Strategy, by encompassing its underlying principles and priorities in the development of the proposals. The report sets out the emerging proposals from the Fit for my Future programme and asks the Health and Wellbeing Board to consider the proposals and provide a view on appropriate engagement.

The Board received this report which had been the subject of extensive public consultation. The purpose of the presentation to the Health and Wellbeing Board was to seek their support in the next phase. The plan was to evaluate some of the proposals emerging from the consultation. These have been placed in two groups: - the first being improvements that did not require further consultation as they could be implemented as best practice and incorporated into continuous improvement plans. The second group did require further consultation, and these fell into three main areas: -

- Community Services – review of community-based support as this was considerably higher than the rest of the country and did not adhere to current best practice

- Urgent Treatment Centres – Minor Injuries Units and proper use of the 111 Service needed to be changed to reduce the pressure on Accident and Emergency Departments.
- Mental Health - standalone mental health units are not regarded as the most effective as they cannot offer the full range of support and treatment.
- Acute Services – Stroke Services and Obstetric units were last reviewed in 2014 and there have been significant changes that need to be incorporated.

All the options will be subject to wide public consultation in May/June 2019.

The discussion included a challenge as why the proposals were all being considered at the same time. The rationale for this was that significant transformation was necessary to ensure best outcomes for patients and best value for money. It was not possible to simply continue to provide the services that had always been there if they did not deliver the most modern and effective service.

There was a discussion about travel time from some of the rural parts of Somerset to hospitals based in the major towns. It was confirmed that a detailed model of both private transport and public transport to the major hospitals was being produced.

Further discussion covered: -

- Cessation of smoking and support at home rather than in hospital as this was the most effective was to support people to stop smoking,
- Staffing and the challenge in recruiting and retaining qualified staff in some areas,
- Knowing your patient as a key to supporting recovery and delivering the right outcomes.

#### **The Somerset Health & Wellbeing Board:**

- **Reviewed the proposals which formed part of the overarching strategy.**
- **Agreed the proposed approach to secure appropriate engagement.**

#### **367 Safeguarding Children Annual Report - Agenda Item 6**

This report set out how Somerset Safeguarding Children Board (SSCB) had working during 10/17/2018 to meet its statutory objectives. SSCB works with partners to improve safeguarding arrangements. The report contains an updated Ofsted view on the progress made. The report also sets out the preparations being made to implement the new safeguarding arrangements heralded by the Children and Social Work Act 2017.

The Board considered the report and a presentation outlining the key themes. There were four key themes emerging: -

- Early Help – There needs to be a focus here combined with a multi-agency approach. Using the ‘Think Family’ notion; support and intervention can be offered at the first sign of possible need.
- Multi-agency Safeguarding – Make sure that the focus is on both children and families as a way of identifying safeguarding matters.
- Neglect – 50% of children on care plans are there because of neglect. Child sexual exploitation has now expanded to cover general exploitation because of County Lines activity and other exploitation.
- Emotional and Mental Health - Children are at risk of long term mental health harm by exploitation, coercion and not understanding informed consent.

The discussion included concerns about the regulation of tattoo/piercing parlours. A recent serious case review had highlighted the coercion of young women using the ‘boyfriend’ model based in such a parlour. Board members discussion possible action Regulatory Bodies could take. The Board was made aware of the Adverse Childhood Experiences and encourage and to view the Adverse Childhood Report available from Public Health Wales.

The Board asked about the recorded number of children held in custody overnight. It was informed that this number was inflated by 16/17 year olds being brought into custody after 11pm stay for over an hour, all these would be recorded as ‘overnight’ stays and did inflate the figures.

#### **The Somerset Health & Wellbeing Board:**

- **Reviewed the Somerset Safeguarding Children’s Board 2017/18 Annual Report**
- **Noted the progress highlights, and**
- **Agreed to continue to promote children’s safeguarding across the County Council and in the services that are commissioned.**

#### **368 Children and Young People's Plan 2016-2019 - Agenda Item 7**

The report provides a progress update on the strategic commitment for children’s services to be ‘good’ or ‘better’ in three years. (2016-2019). This report demonstrates the progress against each of the 7 Improvement Programmes designed to improve outcomes for vulnerable children and their families.

The Board received the report and were informed that this report reflected year two of a three-year programme. The highlights were: -

- 1000 babies were born smoke free,
- Increase in participation and attendance at Parenting courses by prospective new mothers,
- Single point of contact for mental health support has been established,
- GP’s were now able to better support EHCP’s and

- Kooth – the on-line counselling for young people; was given positive feedback.

The emerging concerns for future activity were discussed and these included, but were not limited to: -

- Support for parents to be better parents,
- Ensuring young people are healthy enough to be able to take advantage of education,
- Tackling bullying via social media and the need to have an on-line persona,
- The work being undertaken by the Children's Trust in Somerset.

The Board was interested to know why Somerset seemed to be out step with the national picture in some areas such as alcohol misuse leading to presentation at hospital and the number of young girls recorded as self-harming.

There was some discussion around the potential to be too 'paternalistic' and putting too much intervention in place. Somerset has the highest level of people with learning disabilities receiving support from the authority and it is not clear if this is the right thing, there is a case to be made that support should be targeted to encourage people to help themselves in the longer term.

The Board expressed concern about the high number of children being excluded from school and the high number of children being home educated. The Board wanted assurance that this was being kept under review.

#### **The Somerset Health & Wellbeing Board:**

- **Acknowledged the significant progress that has been made as a result of the work undertaken by those involved in the seven Improvement Programmes.**
- **The Board endorsed the very comprehensive and thorough report.**

#### **369 Health Protection Annual Report - Agenda Item 8**

The Board received the report and presentation. In summary the Health Protection Annual Report aimed to give reassurance that the following areas have been monitored, recorded and when necessary acted upon: -

- Communicable diseases,
- Environmental hazards,
- Infection Protection,
- Resilience and

- Screening and Immunisation.

The Board were informed that some of the reported incidents included air pollution and that 1 in 20 road journeys were in some way related to the NHS. The report recorded that although there had been a focus on hospital acquired infections in fact most infections were acquired in the community. Screening in Somerset was in line with national levels and these had seen a general decline. Vaccination against measles had dropped, and Somerset had two reported cases, in contrast Bristol had over 100 cases and there had been hospitalisation and deaths associated with measles.

The discussion included some concern about the very low treatment completion rate for TB. These were recorded at 50%. The levels of TB were low and the two cases that did not complete treatment were thoroughly investigated. The two cases that did not complete the treatment were investigated.

The Board expressed concern about this still widespread misconception that the 'Flu Jab could make you ill and undertook to encourage everyone who should have the vaccination to do so.

There was also some discussion about how to find out exactly what injections were required prior to visiting countries overseas.

The Somerset Health & Wellbeing Board:

- Endorsed the report and the priorities for 2018/19 as the following: -
  - Communicable Diseases,
  - Environmental Hazards,
  - Infection Prevention and Control,
  - Resilience, and
  - Screening and Immunisations.

**370 Director of Public Health Annual Report - Agenda Item 9**

This item was deferred to a later meeting as there was insufficient time to discuss this fully.

**371 Somerset Health and Wellbeing Forward Work Plan - Agenda Item 10**

The Somerset Health & Wellbeing Board:

- Agreed to defer the Annual Report from the Director of Public Health to the March meeting.
- Review the number of Items on the agenda for April with a view to moving some to later in the year.

**372 Any other urgent items of business - Agenda Item 11**

There were no other urgent items of business.

**(The meeting ended at 1.00 pm)**

**CHAIRMAN**