

## **SOMERSET HEALTH AND WELLBEING BOARD**

Minutes of a Meeting of the Somerset Health and Wellbeing Board held in the Luttrell Room - County Hall, Taunton, on Thursday 19 April 2018 at 10.00 am

**Present:** Cllr C Lawrence (Chairman), Cllr F Nicholson (Vice-Chair), Cllr D Huxtable, Cllr L Vijeh, Cllr S Seal, Cllr J Warrington, Cllr K Turner, Dr Ed Ford (Vice-Chair), Judith Goodchild and Trudi Grant

**Other Members present:** Cllr S Coles, Cllr T Munt and Cllr L Redman

**Apologies for absence:** Cllr A Broom, Cllr G Slocombe, Cllr Wool, Nick Robinson, Rosie Benneyworth, Mark Cooke, Stephen Chandler and Julian Wooster

### **309 Declarations of Interest - Agenda Item 2**

There were no declarations of interest.

It was agreed that the Chair would write to Members of the Health & Wellbeing Board to emphasise the importance of regular attendance.

### **310 Minutes from the meeting held on 18 January 2018 - Agenda Item 3**

The minutes of the meeting on 18 January 2018 were accepted as being accurate by the Board.

### **311 Public Question Time - Agenda Item 4**

Ruth Hobbs, Somerset Parent Carer Forum, asked a public question with regard to Item 5.

Speech and communication difficulties are a underlying need for people with Autism. I CAN the children's communication charity, and the Royal College of Speech and Language Therapist (RCSLT) have recently published the report Bercow 10 Years on. This clearly outlines the importance of communication in the lives of children and Young people. The report highlights the importance of early identification and intervention. The report contains multiple recommendations from work streams which come under the remit of the health and wellbeing's oversight. It further makes recommendations for the published Joint Health and Wellbeing Strategies.

How will the board oversee the work streams to ensure the recommendations are implemented locally?

A brief verbal response was received and a full written response will be provided.

### **312 Somerset Autism Strategy - Agenda Item 5**

The Board received a report which provided an update on the Somerset Autism Strategy.

The Somerset Autism Strategy was launched in November 2015 and is due to be updated in 2018. The strategy sets out the commitment of Somerset County Council (SCC) and Somerset NHS Clinical Commissioning Group (SCCG) to improve the quality of life for people with autism and their families and carers in Somerset.

The Autism Strategy Group brings together statutory services, commissioners from adults, children's and public health teams, along with a range of carer support groups. The group meets on a quarterly basis to oversee the implementation of the strategy and the action plan. There are four sub groups which also meet separately to take forward the Action Plan, in respect of the following priority areas of work:

- Living with Autism
- Workforce Development
- Identification and Diagnosis
- Children & Young People

A detailed overview of the progress within each work stream was provided within the annual report and debated by the Board.

Further discussion included:

- Clarification that it is the role of District Council officers to assist people with registering on the Home Finder Somerset system and to offer specific housing support.
- Clarification around the Tenant Accreditation Scheme.
- The importance of ensuring any learning from the previous Strategy informs the new Strategy.
- Concern was expressed that two of the priority areas have no Chair in place.
- Board members questioned the level of consultation and were reassured that a lengthy consultation was carried out before the start of the Strategy and that engagement would continue throughout. People with autism are included in all four sub groups.

**The Somerset Health and Wellbeing Board considered the annual progress report and the supporting forward actions and agreed to:**

- **Liaise with District Councils to consider housing need and provision in more detail at a future meeting.**

### 313 **Mental Health Champions** - Agenda Item 6

The Board received a report outlining the plans to implement the Mental Health Challenge pledge that was signed by SCC following a unanimous resolution of Somerset County Council at Full Council on 29 November 2017, and which gave delegated authority to the Board on behalf of the Council to appoint two County Council members as Mental Health Champions.

The Mental Health Challenge is an initiative developed and supported by The Centre for Mental Health, The Mental Health Foundation, The Mental Health Providers Forum, Mind, Rethink Mental Illness, Royal College of Psychiatrists and YoungMinds. It recognises that Local authorities have a key role in improving mental health in their communities, and asks authorities to commit to promoting mental health across their business and appointing mental health champions from serving councillors, and in return will provide support and networking for authorities and councillors.

The intention of the Mental Health Champions (MHC) is to play a key role in improving the mental health of everyone in our community and tackling some of the widest and most entrenched inequalities in health.

Further discussion included:

- Clarification that the appointment is for 12 months.
- Some District Councils have already appointed a Mental Health Champion and others plan to in the future.
- It is important to connect with outside bodies such as Mind and The Samaritans.
- All Members still have a role to play in mental health, not just the MHC's.
- The CCG already has a mental health lead in place. Work is on-going to make this support more robust and it was suggested to invite this officer to the next meeting with a mental health update.

**The Somerset Health and Wellbeing Board agreed to:**

- **Acknowledge the value of The Mental Health Challenge and recognise that local authorities have a key role in improving mental health in their communities.**
- **Ask District Councils to consider adopting a Mental Health Champion when appropriate.**
- **That the Somerset Health and Wellbeing Board, in accordance with the authority delegated to it by the County Council by unanimous decision on 29 November 2017, appoints the Chair of the Health and Wellbeing Board as the Mental Health Champion for adults, and the Chair of the Scrutiny for Policies Children and Families Committee to become Mental Health Champions for children and young people for the term of twelve months, when the scheme will be reviewed.**

314 **Somerset Safeguarding Adults Board Draft Strategic Plan 2018\_19 - Agenda Item 7**

The Board received a report outlining the Somerset Safeguarding Adults Board (SSAB) refreshed Strategic Plan for 2018/19.

The SSAB is required by The Care Act 2014 to produce and publish a strategic plan for each financial year. The report must set out what the Board intends to do over the next year to help and protect adults at risk of abuse and neglect in Somerset during that timeframe. In common with many other Safeguarding Adults Boards, the Board has chosen to develop a three-year plan that is

refreshed annually. The 2018/19 financial year will be the final refresh of this Strategic Plan ahead of a new plan being developed for 2019/20.

The development of the strategy has been informed by broad consultation and reflects the agreed priorities of all members of the SSAB. It has been informed by feedback from members of the public, multi-agency professionals, the findings to emerge from audits, the learning to emerge from Safeguarding Adults Reviews, and the analysis of comparative performance data.

The Strategy recognises that more can be achieved by working collectively in partnership and its overarching priorities remain:

- a) **Prevention:** *adults at risk are identified early and have their needs met promptly and effectively. Safeguarding risk is better understood and appropriately assessed. Public safeguarding awareness is improved.*
- b) **Making Safeguarding Personal:** *Safeguarding is person-led, outcome-focused, enhances involvement, choice and control, and improves quality of life, wellbeing and safety*
- c) **Think Family:** *The SSAB adopts a 'think child, think parent, think family' approach to its work together with the Safeguarding Children Board and other local partnerships*
- d) **Board Effectiveness:** *Somerset has an effective Safeguarding Adults Board which fulfils its statutory responsibilities, has strong leadership and governance arrangements, and promotes a culture of collective accountability, respectful challenge and continuous learning.*

Further discussion included:

- The questionnaire received a low response rate and the SSAB plans to look at how to improve engagement ahead of the new plan.
- The importance of a consistent advocacy service.
- The importance of information sharing, particularly for adults with multiple vulnerabilities but who fall below the threshold of eligibility for services.
- Members raised the need for more rigour around assessing the performance of the Strategy. It was suggested that the use of targets could help to scrutinise if the Strategy is working. Members were reassured that the SSAB has a performance dashboard and the Quality Assurance sub group monitors performance and feeds back to the SSAB. This will be included in the Annual report.

The Strategy will be finalised in summer 2018 and will be due to come back to the HWBB in autumn 2018.

**The Somerset Health and Wellbeing Board agreed to:**

- **Note the contents of the paper alongside the draft 2018/19 Strategic Plan**
- **Continue to promote adult safeguarding across the County Council and in commissioned services**
- **Request that consideration be given to including a method of measuring performance in implementing the Plan.**

The Board received a report and presentation explaining the Home First pilot and the outlining the progress and early learning from the scheme.

Home First is a key component of Somerset's delivery of the High Impact Changes and the Improved Better Care Fund (iBCF) conditions. The ethos of the service is to stop damaging deterioration in health from unnecessary lengths of stay in hospital and provide support to regain and keep independence, in people's own home. Assessing people outside of hospital is beneficial for the person and health and social care outcomes.

The Board were provided with details about all three pathways available via the service and were informed that 1000 people have been assessed since September, which is more than anticipated.

Successes of the scheme include: an increase in independence score; reduction in delayed transfers of care; reduction in length of stay; reduction of social care expenditure; reduction in permanent care placements and a reduction in acute readmission within 90 days.

The report also reflected upon early learning points and this included: a reliance on bed based models of care; challenges around therapy capacity in the community; challenges around GP engagement and variable decision making. Details of the further work planned to improve the scheme were shared with Board Members.

Further discussion included:

- There is a need for a clinical, cultural change in hospitals. Nursing homes seem to be producing better results than community hospitals. Culture has a big impact on this.
- The NHS is still a bed-based service and more staff need to be re-deployed to work in the community.
- A cultural change is also needed with regard to community services. People need better awareness to have more confidence in community services.
- A social model is needed to address mental health needs rather than a medical model.
- The scheme has been very successful but more focus is needed on preventing people from entering hospital in the first place.
- There can be issues around end of life escalation plans not being followed.
- It was agreed to circulate the updated presentation to Board members.

**The Health and Wellbeing Board agreed to endorse the approach to the Home First discharge model and to support its continuation and exploring a health and social care funding solution for 2018/19.**

316 **Ofsted Inspection of Children's Services - Agenda Item 9**

It was agreed to defer this item to the next meeting on 24 May 2018.

317 **Somerset Health and Wellbeing Board Forward Plan** - Agenda Item 10

**The Board considered the work programme and agreed to add the following items:**

- Ofsted Inspection of Children's Services (May)
- Care Leavers update (May)
- Empower Update (July)
- Health & Care Strategy
- SSAB Annual Report (Autumn)

318 **Any other urgent items of business** - Agenda Item 11

There were no other items of business.

**(The meeting ended at 12.50 pm)**

**CHAIRMAN**